

AGING MATTERS REGIONAL CONFERENCE



A one day REGIONAL conference on aging and Down Syndrome sponsored by the Down Syndrome Network Arizona and National Down Syndrome Society.

Fee includes conference cost plus catered lunch.

Adults with Down syndrome are now reaching old age on a regular basis, commonly living into their 50s, 60s and 70s. Adults with Down syndrome, along with their families and caregivers, need accurate information and education about what to anticipate as a part of growing older so that they can set the stage for successful aging. This conference will provide a great deal of information about aging with Down syndrome. **SPACE IS LIMITED.**

Saturday, November 18, 2017 | 8:00 am-3:30 pm

8:00 am Registration & Continental Breakfast

8:30 am - 3:30 pm Conference (lunch included)

REGISTRATION REQUIRED: www.DSNetworkAZ.org

Families with a loved one with Down syndrome..... \$10
Professionals and others..... \$35

LOCATION: Southeast Valley Regional Association (SEVRAR) of REALTORS CONFERENCE CENTER | 1363 S Vineyard | Mesa, AZ 85210

Need a hotel close to the conference? Arrangements have been made with Holiday Inn & Suites, 1600 S Country Club Dr, Mesa, AZ 85210
Rate: \$89/night – to reserve the special room rate please visit their website at : <http://tinyurl.com/ycwkmma9>



TOPICS FOR AGING ADULTS WITH DOWN SYNDROME:

Mental Wellness | Good Health

Behavioral Changes

Quality of Life | Management Strategies

Down Syndrome & Alzheimer's

Planning for the future

Caring for the Caregiver

Exercise and Nutrition

Caregiving Today & Tomorrow:

Managing Stress & Enhancing Well Being

~SPEAKERS~

KEYNOTE ADDRESS:

Brian Chicoine, MD, Medical Director

Adult Down Syndrome Center, Pk Ridge, IL

Dennis E. McGuire, Ph.D.

Consultant, Global Down Syndrome Foundation

Sara Weir, MS

President, NDSS, National Down Syndrome Society

David W. Coon, Ph.D.

Associate Dean, Research Initiatives, Support & Engagement and Professor College of Nursing & Health Innovation at ASU

Dr. Marwan Sabbagh, MD, FAAN

CCRI, Barrow Neurological Institute

Simon D. Holzapfel, Ph.D., ACSM-EP

Dept of Exercise Science and Health Promotion, ASU

Sandra N. Mayol-Kreiser, RD, Ph.D., CNSC

Registered Dietitian and Clinical Associate Professor

GET CONNECTED.    

480.759.9150 | info@dsnetworkaz.org | www.dsnetworkaz.org

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